

CLAIMS

1. A composition for alleviating the symptoms of upper intestinal discomfort such as pain and cramping comprising aloe vera extract including acemannan, L-glutamine and L-glycine.
2. The composition of claim 1 wherein the aloe vera extract is present at from about 30-300 mg., when the extract contains about 25% acemannan.
3. The composition of claim 1 wherein the aloe vera extract is present at from about 50-150 mg. when the extract contains about 25% acemannan.
4. The composition of claim 1 wherein the aloe vera extract is present at about 60 mg.
5. The composition of claim 1 wherein the L-glutamine is present at from about 200-5000 mg.
6. The composition of claim 1 wherein the L-glutamine is present at from about 500-1500 mg.
7. The composition of claim 1 wherein the L-glutamine is present at about 600 mg.
8. The composition of claim 1 further comprising a pharmaceutically acceptable carrier.
9. The composition of claim 1 wherein the L-glycine is present at from about 100-800 mg.
10. The composition of claim 1 wherein the L-glycine is present at from about 200-700 mg.
11. The composition of claim 1 wherein the L-glycine is present at about 500 mg.
12. The composition of claim 1 wherein the composition is in a unit or multidose

form.

13. The composition of claim 1 further comprising at least one ingredient from the group consisting of vitamin, mineral and herbal supplements, antioxidants, amino acids, thickeners, flavoring agents, and coloring agents.

14. A method for alleviating the symptoms of upper intestinal tract discomfort comprising administering to a person in need of such treatment a composition containing aloe vera extract including acemannan, L-glutamine and L-glycine.

15. The method of claim 14 wherein the composition further comprises a pharmaceutically acceptable carrier.

16. The method of claim 14 wherein the composition is administered in unit or multiple dosage form.

17. The method of claim 14 wherein the aloe vera extract is present at from about 30-300 mg., when the extract contains about 25% acemannan.

18. The method of claim 14 wherein the aloe vera extract is present at from about 50-150 mg. when the extract contains about 25% acemannan.

19. The method of claim 14 wherein the aloe vera extract is present at about 60 mg.

20. The method of claim 14 wherein the L-glutamine is present at from about 200-5000 mg.

21. The method of claim 14 wherein the L-glutamine is present at from about 500-1500 mg.

22. The method of claim 14 wherein the L-glutamine is present at about 600 mg.

23. The method of claim 14 wherein the L-glycine is present at from about 100-800

mg.

24. The method of claim 14 wherein the L-glycine is present at from about 200-700 mg.
25. The method of claim 14 wherein the L-glycine is present at about 500 mg.
26. The method of claim 14 wherein the composition is administered orally.
27. The method of claim 14 further comprising at least one ingredient from the group consisting of vitamin, mineral and herbal supplements, antioxidants, amino acids, thickeners, flavoring agents, and coloring agents.